

University of Mary Division of Education

Instructional Sequence

Grade Level: 3

Subject(s) Area: P.E./Movement

Materials Needed:

book "Cloudy With a Chance of Meatballs", sound clip of rain

Standards:

4.1.3 Know how to use space to move safely in different directions, at varying speeds.

4.5.1 Use positive social interaction during physical activities.

**Standards adopted from ND Department of Instruction*

Objectives:

Students will know how to safely move about the room.

Learning Activities:

1. Read the book "Cloudy With a Chance of Meatballs".

2. Discuss the book:

What was their favorite part? Why?

3. Movement activity:

Have sound clip of rain ready.

Explain to the students the rules of the game:

When the rain starts, students will walk around pretending to hold an umbrella and when the sound stops they stop. Whoever does not stop sits down. Play until everyone is sitting

Assessment:

Students will be assessed on good sportsmanship and participation.

Reflection:

Over all this lesson went really well but I needed to make the lesson longer. The students really liked the movement lesson and wanted to play it over and over again.

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